11. An apparatus according to claim **1** further comprising a memory;

a communications unit; and

a processing unit.

12. An apparatus according to claim **11**, wherein the processing unit is configured to control the actuator to change tightness the elongated apparatus structure around the body part as an indication of activity in the processing unit.

13. An apparatus according to claim **11**, wherein the processing unit and the elongated apparatus structure are physically separate and the processing unit is configured to control, over a wireless communication connection, the actuator to change tightness the elongated apparatus structure around the body part.

14. An apparatus according to claim **11**, wherein the actuator is configured to change tightness of the elongated apparatus structure around the body part of the user as an indication of an incoming call or message received at the communications unit.

15. A method comprising

controlling an apparatus comprising an elongated apparatus structure configured to fit around a body part of a user and an actuator configured to change shape of the elongated apparatus structure; and

controlling the actuator to change tightness of the elongated apparatus structure around the body part of the user based on an action the apparatus is performing.

16. A method according to claim **15**, further comprising tightening the elongated apparatus structure around the body part of the user based on the action the apparatus is performing.

17. A method according to claim **15**, further comprising loosening the elongated apparatus structure around the body part of the user based on the action the apparatus is performing.

18. A method according to claim **15**, further comprising tightening the elongated apparatus structure around the body part of the user in response to at least one sensor of the apparatus collecting data.

19. A method according to claim **15**, further comprising changing tightness of the elongated structure around the body part as an indication of activity in a processing unit of the apparatus.

20. A method according to claim **15**, further comprising changing tightness of the elongated apparatus structure around the body part of the user as an indication of an incoming call or message.

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